

NEWSLETTER

SPRING • 2017



CHUDUMONT
Foundation

A BETTER **HEALTHCARE**
EXPERIENCE, **TOGETHER.**

Jean Dupuis,
Dr. Monia Ghedira
and Irène Doiron –
Long-term care





NEW OUTPATIENT INTRAVENOUS ANTIBIOTIC THERAPY CLINIC AT CHU DUMONT

"THE PATIENT IS THE WINNER WITH THIS NEW CLINIC"



Dr. Gabriel Girouard,
Microbiologist and
Infectious Disease Specialist
at the Dr. Georges-L.-Dumont
University Hospital Centre

Work has begun on a new outpatient intravenous antibiotic therapy clinic at CHU Dumont.

"This new clinic will dramatically improve patient experience," says Dr. Gabriel Girouard, microbiologist and infectious disease specialist at the Dr. Georges-L.-Dumont University Hospital Centre. "The clinic will offer a service counter specifically for certain infectious diseases, which translates to more treatment options for patients. The clinic will also allow for better management of antibiotic resources."

Currently, if a patient comes to the emergency room and requires intravenous antibiotics for cellulitis, for example, the medication will frequently be administered by IV drip. Then, the patient has to come back to the emergency room and spend several hours waiting for follow-up and subsequent doses.

"Emergency is fine as a first step. A patient who presents acute symptoms often goes to the emergency room. But waiting several hours in a crowded waiting room for a follow-up is not ideal for a recovering patient," adds Dr. Girouard. "In the future, the patient will be sent to the new clinic instead. A multi-disciplinary team (infectious disease specialists, nurses, pharmacists, etc.) will evaluate the case and determine the best course of treatment. This allows us to better manage antibiotic resources, since cases are sometimes treated by antibiotics when they shouldn't be, or no longer need to be. The clinic will also offer different treatment options that are not currently available. For example, whenever possible, we can offer the patient pre-filled syringes for self-administration. This gives them a greater degree of autonomy. It is a huge step forward for many patients because they will no longer need to be hooked up to an IV for several days."

This new clinic will alleviate some of the strain on the healthcare system, especially on emergency services. In fact, the clinic will reduce backup in emergency rooms. It is estimated that around 2 or 3 patients per day go to emergency for follow-ups that, in the future, will be done at this clinic.

The intravenous antibiotic clinic at CHU Dumont is the first of its kind in New Brunswick, but Dr. Girouard hopes other hospitals in the network will implement the model.

"The model is exportable," he emphasizes. "We were inspired by similar clinics already operating in Quebec. I would like to see other hospitals in the province implement it as well because, at the end of the day, patients are receiving better service—and that's what matters most. The clinic also ensures more judicious use of our precious antibiotic resources."

Work on the CHU Dumont clinic is expected to be completed in the spring of 2017. The CHU Dumont Foundation proudly contributed \$25,000 to this project.



Jacques B. LeBlanc
and René Collette

THE CHU DUMONT
FOUNDATION
LAUNCHES THE
VERY FIRST EDITION
OF ITS NEWSLETTER



The CHU Dumont Foundation is pleased to present the first edition of its quarterly newsletter. Over the next few months, this new publication will provide information about activities organized by the Foundation, as well as the impact of donations made to the CHU Dumont Foundation.

Founded in 1983, the CHU Dumont Foundation's mandate is to contribute directly to improving care at the Dr. Georges-L.-Dumont University Hospital Centre. The Foundation plays a key role in supporting specialized care, research and teaching programs as well as updating infrastructure and equipment. Since its inception, the Foundation has raised more than 50 million dollars.

"Our employees and volunteers work extremely hard each day to raise money for the Dr. Georges-L.-Dumont University Hospital Centre. In this new publication, we hope to show readers the extent of the work being done to improve quality of care at the hospital. We will also share good news and information about upcoming projects," explains René Collette, President of the CHU Dumont Foundation Board of Directors.

Jacques B. LeBlanc, President and CEO of the CHU Dumont Foundation, agrees.

"We are extremely proud of the work done by our current team, as well as by all those who have contributed to the Foundation's success since its inception in 1983. This includes the many volunteers and medical professionals who have shown their support time and time again. The CHU Dumont Foundation plays a key role in the hospital's development, and we think this new publication will help shine the spotlight on our successes. It will also give us a vehicle for announcing upcoming projects."

Each newsletter will include articles about initiatives that have been made possible through the support of the CHU Dumont Foundation.

"On the first page of the newsletter, you will find an article about intravenous antibiotic therapy—an excellent example of the Foundation's commitment to the development of the CHU Dumont."

Each year, the CHU Dumont Foundation organizes several fundraising activities to fund projects deemed a priority for the Dr. Georges-L.-Dumont University Hospital Centre. The

President and CEO of the Foundation is very optimistic about the next twelve months.

"The Foundation will continue to work hard in the coming year to organize unique events that bring people together, and that will help us meet the hospital's needs. We had our Valentine's Day Gala on February 11, we have our Golf Classic in June, and the Drive will be back again in September. I would like to sincerely thank all those who participated in our fundraising activities. The impact of the funds raised can be seen every day within the Dr. Georges-L.-Dumont University Hospital Centre. I am looking forward to continuing our mission this year," says Jacques B. LeBlanc.

For more information about the CHU Dumont Foundation, please visit our office at the main entrance of the hospital. You can also reach us at **(506) 862-4285** or by email at info@fondationdumont.ca. You can also find information on our website at www.chudumont.ca or on the foundation's Facebook page at www.facebook.com/ChuDumont.

"OUR PRIORITY IS TO IMPROVE THE QUALITY OF CARE OFFERED AT THE DR. GEORGES-L.-DUMONT UNIVERSITY HOSPITAL CENTRE"



Jacques B. LeBlanc,
President & CEO of the
CHU Dumont Foundation

René Collette,
President of the Board
of Directors

IMPROVEMENTS TO THE MOTHER- CHILD CARE UNIT THANKS TO MAJOR GIFTS

Since 2011, the CHU Dumont Foundation has received major gifts for the Mother-Child Care Unit from the Grocery Foundation of Atlantic Canada (GFAC). Over the years, these donations have been used to purchase several pieces of equipment needed by the unit, including:

- Cardiac monitors;
- Ventilators;
- A Panda Warming system;
- LED surgical lights;
- An incubator for safe transport of newborns; and
- Bottle warmers.

Moreover, the donations from GFAC allowed medical personnel from the unit to participate in a specialized training program called MORE^{OB} over a three-year period. The unit's former Nurse Manager, Nancy Sheehan, explains the decision to undertake this training:

"Obviously, specialized equipment is essential to operations in every unit of the hospital, but training is important too. The MORE^{OB} program improves patient safety through professional

development and improves performance among medical professionals and administrators in hospital obstetric units. Each team (physicians, gynaecologists, obstetricians and nurses) receives the same training. They practice emergency procedures, attend workshops together and improve their knowledge of their own role in emergencies and other situations. There is clear, direct communication within the team; everyone is on the same page."

Vicki Thériault, a registered nurse, says she is already seeing the positive effects of the training reflected not only in her own work, but in the comments she hears from patients.

"Some patients who have come back for their second or third deliveries have told me they see a significant improvement in the way staff work together. Better teamwork means patients feel more comfortable and more confident that they are in good hands, which results in a better experience overall."

Patient Nicole LeBlanc says **the team's confidence and expertise made her delivery much less stressful.**

"Whether there are complications or not, delivery is always scary. You never know what is going to happen. Especially for my first time, I didn't know what to expect. The team's confidence and calmness was a huge comfort to me. I could tell that they all knew exactly what to do."

The Foundation and the staff at the Mother-Child Care Unit would like to thank GFAC for their invaluable partnership.

"Staff from every unit say the same thing: we want the best for our patients. Gifts like this make that happen. We are working on several other large projects to continue to improve care in our unit, including several renovation and refurbishment projects. Our priorities are to add a labour and delivery examination room, to make the birthing rooms more comfortable, and to refurbish the neonatal care area to make it more functional, safe and confidential for patients. We would also like to create a more peaceful space for parents who are going through the traumatic experience of having their sick infant hooked up to medical equipment. We hope other organizations will decide to partner with us to further ensure the safety of mothers and babies," says Sheehan.

16th Golf Classic

SCOTIABANK - BMW MONCTON
FOX CREEK GOLF CLUB
WEDNESDAY 06.28.2017

FOR MORE DETAILS: chudumont.ca

Scotiabank BMW

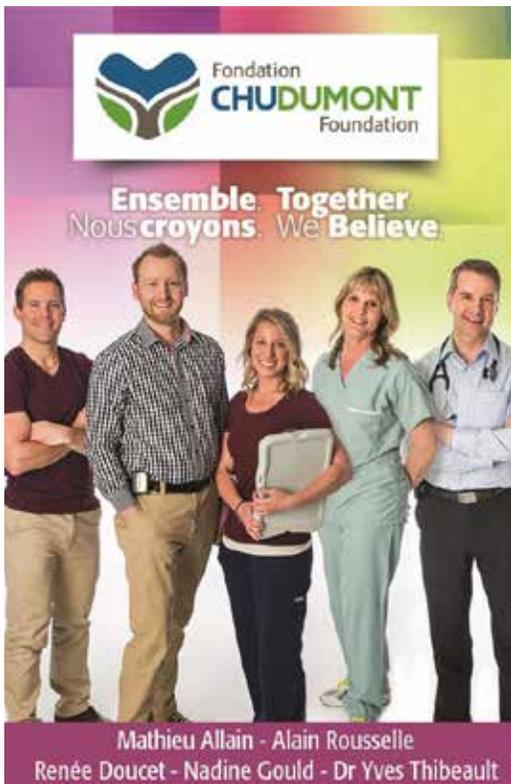
**"THE TEAM'S CONFIDENCE
AND EXPERTISE MADE MY
DELIVERY MUCH LESS
STRESSFUL"**

- Nicole LeBlanc

**Nicole LeBlanc,
Patrick Thériault and
little Alec**



DID YOU KNOW



Vous êtes reconnaissant des soins hospitaliers offerts ?
Are you looking for a way to show
your gratitude for the quality of care?

Donnez ♥ Donate

The CHU Dumont Foundation launches new Grateful Hearts Program, which recognizes healthcare professionals, employees and volunteers at the Dr. Georges-L.-Dumont University Hospital Centre

The CHU Dumont Foundation is pleased to launch its new Grateful Hearts Program. This Program is an opportunity for patients and their families to recognize and thank a healthcare professional, employee or hospital volunteer for the care they provided by making a donation to the Foundation. The donation will then benefit a designated sector, and the person recognized will receive a pin and a certificate of appreciation with a message of thanks from the donor.

Our healthcare professionals, employees and volunteers do amazing work; they save lives and touch hearts. Perhaps it was a kind word, a smile or a warm blanket that brought you comfort. Maybe a medical professional performed a procedure that saved your life, or maybe a visit from a volunteer brightened your stay. The Grateful Hearts Program offers an opportunity for patients to recognize their work and to contribute to continued improvement of services offered at our hospital.

How to participate and give?

Simply fill out the **WORD OF THANKS** and **DONOR INFORMATION** sections of the Grateful Hearts brochure. Brochures are available in all hospital units.

You can also make a donation online by clicking the **DONATE** button and selecting the "Grateful Hearts Program" option at chudumont.ca

LA VIRÉE
THE DRIVE



September 9th, 2017

\$1,500 per vehicle (before July 31st)
\$1,700 per vehicle (starting August 1st)

Register now! Limited spots available!



WAYS TO GIVE



Reception in the main lobby of the Hospital



506.862.4285
1.800.862.6775



330 Université Ave.
Moncton, N.B. E1C 2Z3



www.chudumont.ca



REACH OUT TO US



Do you have something you would like to share in the next edition of our newsletter?

Contact us today
Isabelle.Stewart@fondationdumont.ca
506.869.2106



Don't forget to follow us on Facebook for more information about upcoming events!

UPCOMING EVENTS

The Electrifying Night Run

June 16, 2017

Contact: Sylvie Nadeau
Sylvie.Nadeau@fondationdumont.ca
506.862.7505

A Beacon in the Night

June 16 and 17, 2017

Contact: Denis Robichaud
Denis.Robichaud@fondationdumont.ca
506.869.2835

16th Scotiabank-BMW Moncton

Golf Classic

June 28, 2017

Contact: Sylvie Nadeau
Sylvie.Nadeau@fondationdumont.ca
506.862.7505

Tour of Hope

From July 27 to 30, 2017

Contact: Jacques B. LeBlanc
JacquesB.LebLANC@fondationdumont.ca
506.862.4315

The Drive

Saturday September 9, 2017

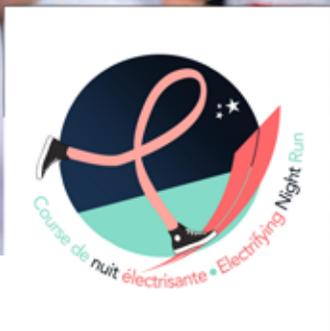
Contact : Nathalie Gasse Farrah
Nathalie.gf@fondationdumont.ca
506.862.7595



REGISTER NOW
FOR THE 2ND
EDITION OF THE
ELECTRIFYING
NIGHT RUN!

16

JUNE



Registration is now open for the second edition of the Electrifying Night Run which is set to take place June 16th, 2017

Once again this year, funds raised will help provide prostheses and bras to breast cancer patients. **Last year, more than 400 participants raised \$10,000.**

"We now have a specialized centre in the Breast Health Centre at the Dr. Georges-L.-Dumont University Hospital Centre", explains Dr. Jocelyne Hébert, Surgeon at the Breast Health Centre and organizer of the Electrifying Night Run. "Our Centre has a highly specialized team offering exceptional care but to continue offering this quality of care to patients, we need to rely on the community's support and this event is a great opportunity for people to show that support."

Participants can choose to walk or run the five-kilometre course. The event kicks off at 9 pm in front of the Dr. Léon-Richard Oncology Centre.

Jacques B. LeBlanc, President & CEO of the CHU Dumont Foundation, is thrilled to see the return of the Run.

"We are very fortunate to be able to count on the expertise of the team at the Breast Health Centre. By participating, the general population shows its support to the staff of the Centre, but also to the patients who benefit from its services. The Electrifying Night Run is a great activity to do as a family or among friends. We hope to have another great turnout this year."

According to Dr. Hébert, participants will have an unforgettable experience.

"There is something magical in seeing people come together to show their support for the cause and for the work we do. It's a sort of solidarity movement and believe me, the funds raised make a considerable difference in the lives of breast cancer patients."

The Breast Health Centre offers a range of services, including breast cancer prevention, screening and early detection for women who are referred.

To register for the Electrifying Night Run, visit the Running Room's Website at the following address: www.events.runningroom.com. Registration is \$30 per participant before May 31st, and \$35 per participant thereafter.



Dr. Marcotte, please describe the event for us.

It is a campaign to get the subject of mental health out of the shadows. **The 4th edition will take place June 16th and 17th, 2017** at the Université de Moncton under the direction of the Psychiatry Department of the Dr. Georges-L.-Dumont University Hospital Centre. The annual event includes conferences, an informal evening of music, a 5K walk or run, an art expo, and to cap it off, our variety show.

Where did you get the idea to organize such an event?

While I was studying at Université Laval, I got to take part in a yearly variety show organized for medical students. We would prepare and perform a few songs between friends and I found it such a positive experience. It would keep us motivated and remove some of the burden and pressure of studying. It was also a great opportunity to meet new people and, as a shy and reserved person, it gave me an opportunity to gain confidence while sharing my love and passion of music with others.

After university, I noticed many of my patients, even the most stable ones, had been marginalized because of their mental conditions. They could not really find a sense of direction in their lives and, even worse, they could not really find opportunities to socialize with others who shared their interests. I really wanted to do something for them. I had mentioned, as a joke, during a conference I was giving in 2013 that I would like to develop such a project. Shortly after, a few people contacted me and encouraged me to make it happen. So in 2014, we had the very first edition of A Beacon in the Night. It was a huge success. We even held a conference with the esteemed Dr. Sheldon Solomon from New York.

What is the goal of the activity?

There are more than one. Clearly, for participating patients, it can be quite exciting to have that date on their calendar where they know that they will be performing in front of about 400 people. It's an opportunity to share personal stories, to expose artwork, to attend conferences, to take part in a 5K walk, or even to help out in organizing the event.

One of the main goals of the event is to demystify mental health issues. People have, even in 2017, so many misconceptions so I believe that an event like this is important. First off, we want to educate people on mental health issues. Issues can range far and wide – just like in the case of physical health. We also want people to know that help is available. We don't want A Beacon in the Night to be a closed event open only to patients and their families. We want this to be an event where the general public comes to show their support to those suffering. One person in five will suffer from mental health issues in their lifetime and since almost everyone knows someone affected, mental health is really something that reaches everyone.

Who is targeted by the event?

A Beacon in the Night is for everyone who believes that mental health is crucial for a happy existence.



A BEACON IN THE NIGHT

A BEACON IN THE NIGHT

• ————— •
**An interview with Dr. Patrick Marcotte,
Psychiatrist and event organizer**

Why participate?

For those affected by mental illness that are doing better, it's a chance to take another step forward in their journey towards healing and it's also a great way to give hope to those currently suffering in silence. For those currently undergoing treatments who are still struggling, it's an opportunity to show how important it is to do further research on mental health, a field where funding is quite scarce. For those who are not fighting mental illness, it's an opportunity to show support to those affected, to make them feel that they do deserve attention, respect and admiration. It's also a great way to shine the spotlight on a subject that has been neglected for too long.

What mental health resources are available? Where to start?

Your family doctor should be your point of entry. It is important to consult a physician early on in the process since some medical issues can lead to mental health issues. If we do not fix these issues (for example, thyroid issues) early on, we can end up spending years on the wrong track. Different services can then be suggested according to each person's needs. For more complex issues, a consultation with a specialist (psychiatrist) can be helpful. There again, we see a lot of myths around psychiatry. I can assure you that our team of psychiatrists are very sympathetic, contrary to misconceptions that they are looking to fill patients with all kinds of medications.

Do you think that the subject is more accepted now and not as taboo? Do you think that activities like this one help break the stigma surrounding mental health?

I think progress has been made but misconceptions are still very present in our society, in families, and, of course, in the minds of the patients who analyze themselves based on present cultural trends. In Canada, we have made huge progress in the case of sexism, racism and homophobia but there is still a long way to go where mental health is concerned. What is also very hard for those affected, on top of any prejudice or intimidation related to a diagnostic, is when people try to give them advice by sort of brushing off their issues saying things like "eat well and exercise and you will feel better" or "we all have our struggles". Overcoming mental issues is not easy, even for people with strong character. I think of some of my patients who committed suicide. These were people who had unconditional love for friends and family who were overcome by mental issues. It's important not only to get help but to actually encourage people to seek help.

For more information on the event, visit our
Facebook page: www.facebook.com/unpharedanslanuit/





THE 22ND VALENTINE`S DAY GALA RAISES \$106,000 TO IMPROVE PATIENT CARE AT OUR HOSPITAL

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The Foundation's 22nd annual Valentine's Day Gala raised \$106,000 for patients of the Dr. Georges-L.-Dumont University Hospital Centre. The event was held February 11th.

Funds raised by the evening were distributed to four sectors of the hospital for the acquisition of the following pieces of equipment:

- A portable ultrasound machine for the Pulmonology Department;
- An electrocautery unit for minor surgeries for the Emergency Department;
- A rapid device for serological diagnosis for Medical Microbiology and Infectious Disease;
- An electroencephalography (or EEG) monitoring system for the Neurology Department.

For her part, the Vice-President of Clinical Services for the Vitalité Health Network, Mrs. Johanne Roy, was delighted by the evening's success.

"With its team of experts, the Dr. Georges-L.-Dumont University Hospital Centre is well known for excellence in patient care. To maintain and raise our hospital's profile, our experts and professionals need to have the best tools out there. It is thanks to the combined contribution and effort of medical professionals, the business community and the general public that we were able to reach our goal with this event to see to the accomplishment of four important projects for our hospital. On behalf of the medical team and especially on behalf of our patients, I sincerely thank each and every one of you who contributed to the success of this Gala."

More than 500 guests took part in this enchanting evening rich in gastronomy and music held at the Delta Beauséjour. The reception in the mezzanine was followed by a sumptuous gourmet dinner prepared by Stefan Müller, Executive Chef at the Delta Beauséjour. A silent auction comprised of various luxurious prizes, including paintings by the duo Gin & Julz, took place during the evening. To wrap things up, guests were invited to the after-party featuring Nine Mile River.

The 2017 Gala was presented by National Bank and supported by the following partners: Jean Coutu Dieppe, Taylor Lincoln, Cox & Palmer, Assumption Life, and Delta Beauséjour.





CHUDUMONT
Foundation

**A BETTER HEALTHCARE
EXPERIENCE, TOGETHER.**

The Foundation's success rests entirely on the generosity of donors and volunteers. The Foundation is supported by a team of donors and volunteers so big, it is impossible for us to group them all together. In each edition of this newsletter, we will highlight the contribution of our donors and volunteers.

The CHU Dumont Foundation paid posthumous homage to Mr. Gilbert Finn by presenting the Foundation's Artwork to his wife, Jeannine. This homage was to recognize his vision, generosity and his contribution to the creation of the Foundation.

Mr. Finn was not only one of the founders of the Dr. Georges-L.-Dumont University Hospital Centre, he was also, with his colleagues, the instigator of the Foundation. The creation of the Foundation was crucial in the development of the Hospital Centre. In fact, since its creation 33 years ago, the Foundation has raised more than 50 million dollars for the improvement and enhancement of services offered to patients of our Hospital.

The CHU Dumont Foundation recognized Mr. J.L. Paul LeBlanc as an exceptional friend and volunteer.

Mr. LeBlanc was a member of the Foundation's Board of Directors for more than ten years. He was also part of different committees, including the Tree of Hope and the Valentine's Day Gala. Mr. LeBlanc also represented the Foundation on the Board of Directors of Services palliatifs communautaires Beauséjour.